

Dementia Action Week - Tamworth Events

Monday 21 to Sunday 27 May

Monday 21

Community Together CIC Fundraising Day

Community Together Hub in the Castle Grounds 10am-3pm

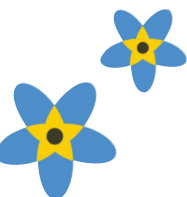
Free cuppa and cake for anyone living with dementia, and for carers who wish to pop in. Featuring a raffle and creation of a Memory Tree

(money raised will support Sir Robert Peel Hospital to buy equipment and activities for people living with dementia on their wards).

Dementia Awareness Session

St Giles Hospice
Fisherwick Road,
Whittington, WS14 9LH
9.30am-12.30pm

This **FREE** session is open to all and will cover 'Dementia and the Brain' and 'Dementia Friends'.



Tuesday 22

Memory Café Sacred Heart 10.30am-12.30pm

If you know or care for someone living with dementia, or are affected by memory loss yourself, come along.

Includes a session from the police and the fire service.

Alzheimer's Awareness Stand

John Lewis 10am to 4pm
All welcome.

Wednesday 23

Dementia Awareness Raising AB's Café, Ankerside 10am-1pm

Includes a session of **'Singing for the Mind'**
10.30am-11.30am

The Virtual Dementia Tour

St Giles Hospice
Choose from 3 sessions:
9.15am-12pm
12pm-2.45pm
2.45pm-5.15pm
12 people per session and £30 per person.
Book via the website www.stgileshospice.com

Scientifically proven to be the closest experience for a person with a healthy brain of what dementia might be like.

By understanding dementia from the patient's point of view changes can be made to improve their lives.

Open to all and facilitated by experienced Virtual Dementia Tour Trainers.

For more information call 01543 434532 or email: education@stgileshospice.com

Thursday 24

Coffee Morning Come and join us for a cuppa at Peel Medical Practice 10am-12midday

Dementia Awareness Raising Drucker's, Ankerside 10am-1pm

Includes a session of **'Singing for the Mind'**
10.30am-11.30am



Friday 25

Reminiscence of Tamworth History Morning Tamworth Heritage Trust (Middle Entry) 10am-12midday

People can have a cuppa and biscuits and speak to Heritage Trust members about 'Ole Tamworth'.

Saturday 26

Dementia Awareness Raising Market Stall on Tamworth Market (outside Yum Yums)

Dementia Awareness Raising with Parishioners
Sacred Heart at 6pm
Please come and join us at the church service. All welcome.

Dementia Awareness Raising Stand in Tamworth Library

Sunday 27

Dementia Awareness Raising with Parishioners

Sacred Heart at 9am and 12midday
Please come and join us at the church service. All welcome.



An Alzheimer's Society initiative

DAA

Tamworth
Dementia Action Alliance

Tamworth
Borough Council

Dementia Awareness Raising Stand in Tamworth Library